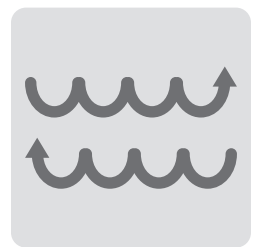
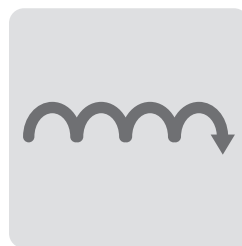
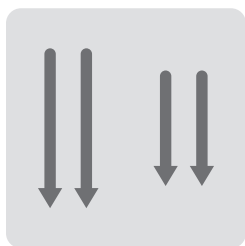
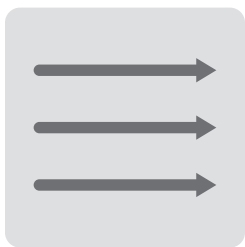
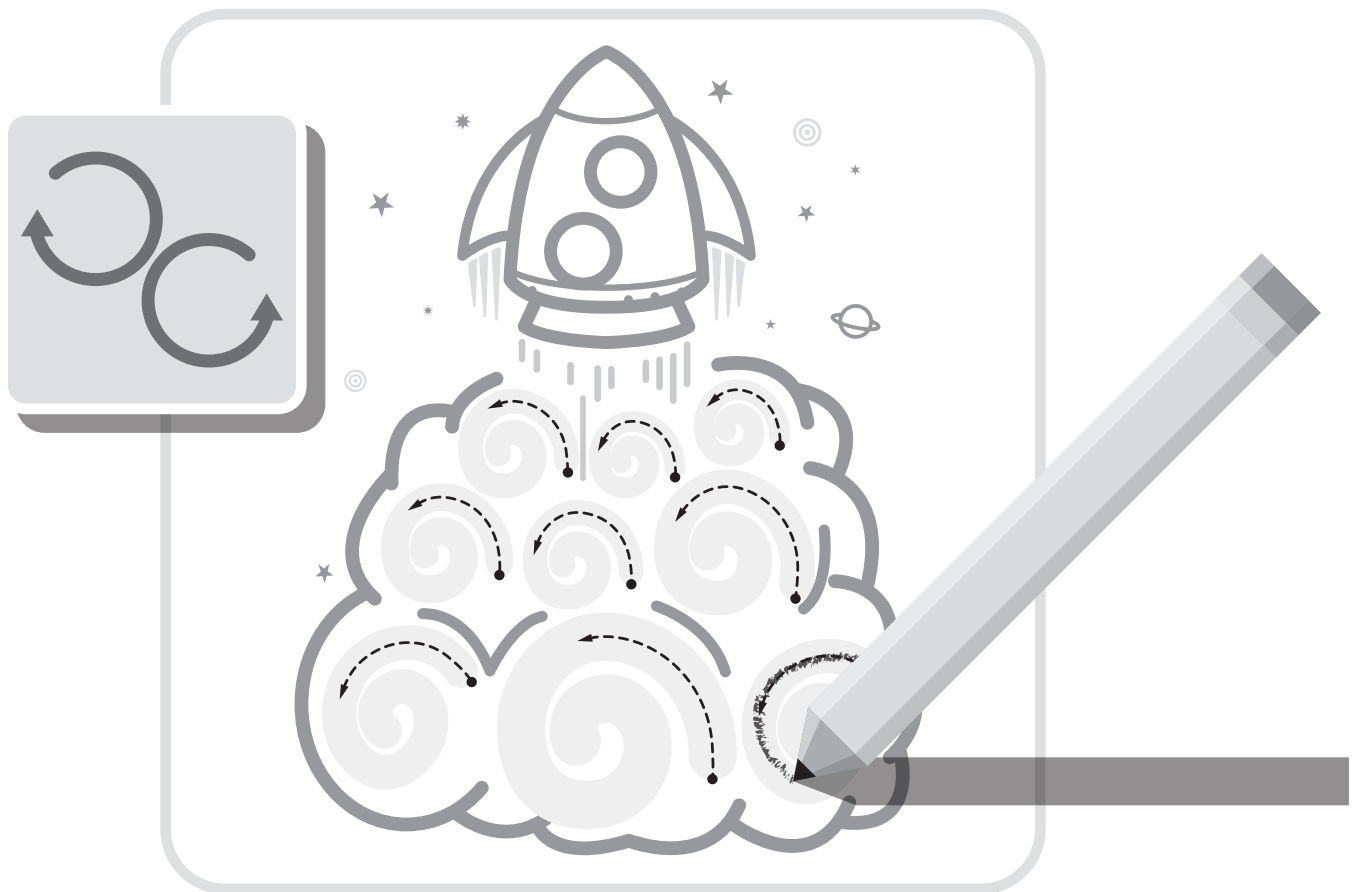


Pre-Writing Patterns

Preparing Children for Letter Formation



by Diana Rigg

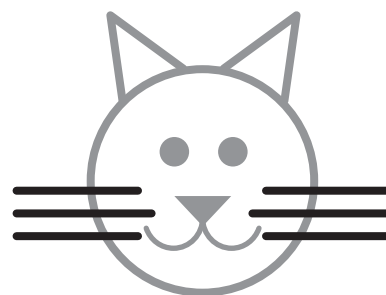
Getting Ready for Writing

Throughout the early years, children are encouraged to participate in a range of fine motor activities that develop:

- their manipulative skills
- a dominant hand
- the ability to use both hands together.

Introducing pre-writing patterns aids the smooth transition to writing alphabet letters.

Pre-Writing Patterns presents a simple, systematic, and fun approach to teaching the foundational skills necessary for fluent handwriting. It outlines six basic movements that are essential for learning the pre-writing patterns children will use to make pictures and then later combine to make letters and numbers.



Contents

Pre-Writing Pattern 1

Sideways, sideways, left to right 4–13

Pre-Writing Pattern 2

Tall line going down, down, top to bottom 14–15

Short line going down, top to bottom 16–17

Tall line going down, down, top to bottom 18–19

Short line going down, top to bottom 20

Tall line going down, down, top to bottom 21–22

Pre-Writing Pattern 3

Zigzag line going up and down 23–30

Pre-Writing Pattern 4

Spiral going around and forward 31–32

Spiral going around and back 33

Circle going around and forward 34

Circle going around and back 35–36

Spiral going around and forward 37

Spiral going around and back 38–39

Circle going around and forward 40–41

Pre-Writing Pattern 5

Up and over 42–46

Pre-Writing Pattern 6

Down and under 47–52

Down, back, and under 53

Combining Patterns

Diagonal line, then diagonal line 54

Tall line, then diagonal lines 55–56

Zigzag, then short line 57

Sideways, sideways, left to right, then diagonal line, and then sideways, sideways, left to right 58

Tall line, then down, back, and under .. 59

Backwards circle and a short line 60

Circle going around and back, then a tall line 61

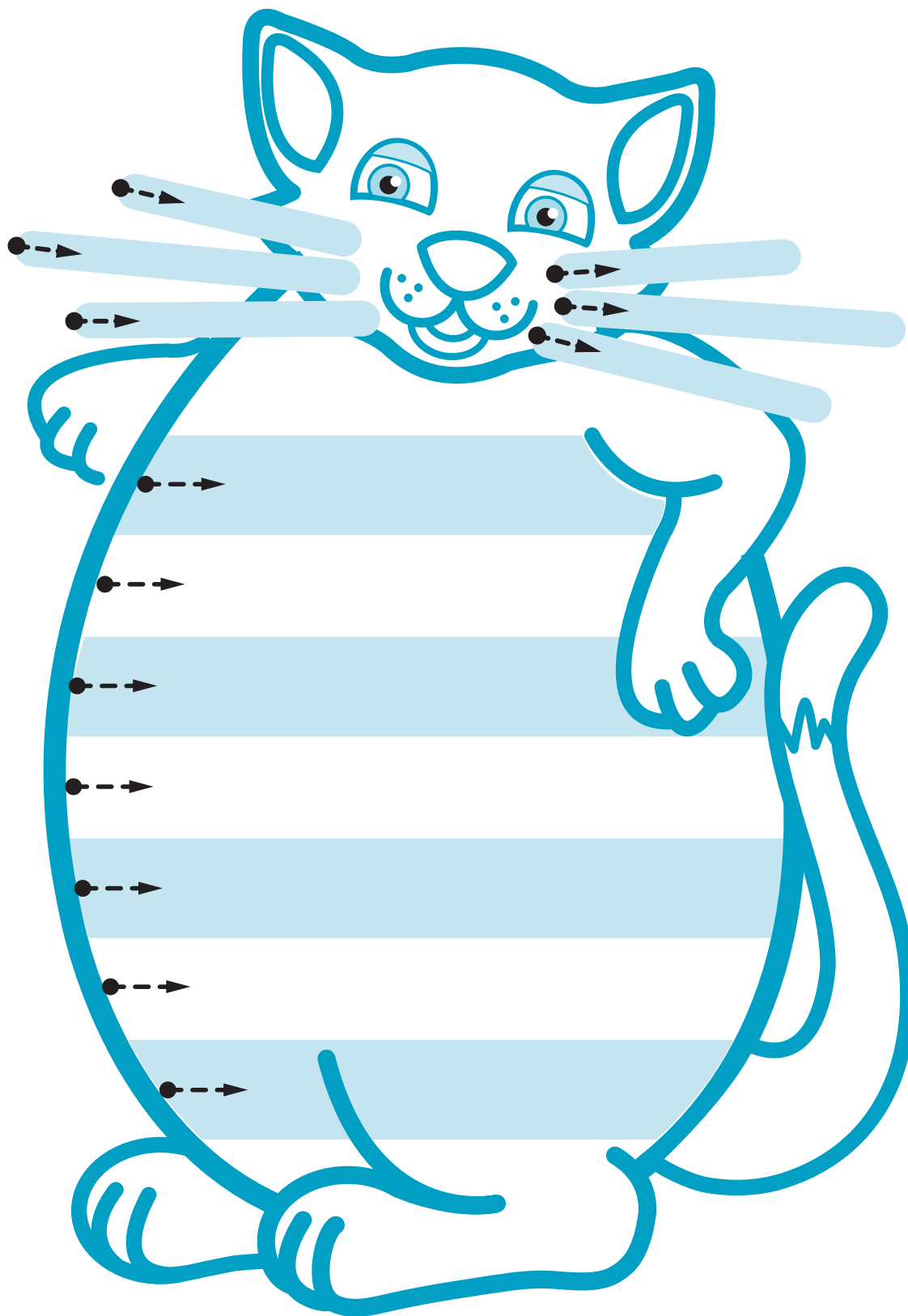
Circle going around and back, then circle going around and forward 62

Kicks 63

Checklist for Letter Formation

Readiness 64

"Sideways, sideways, left to right"



Correct posture

- ☐ Yes
☐ No



Left to right direction

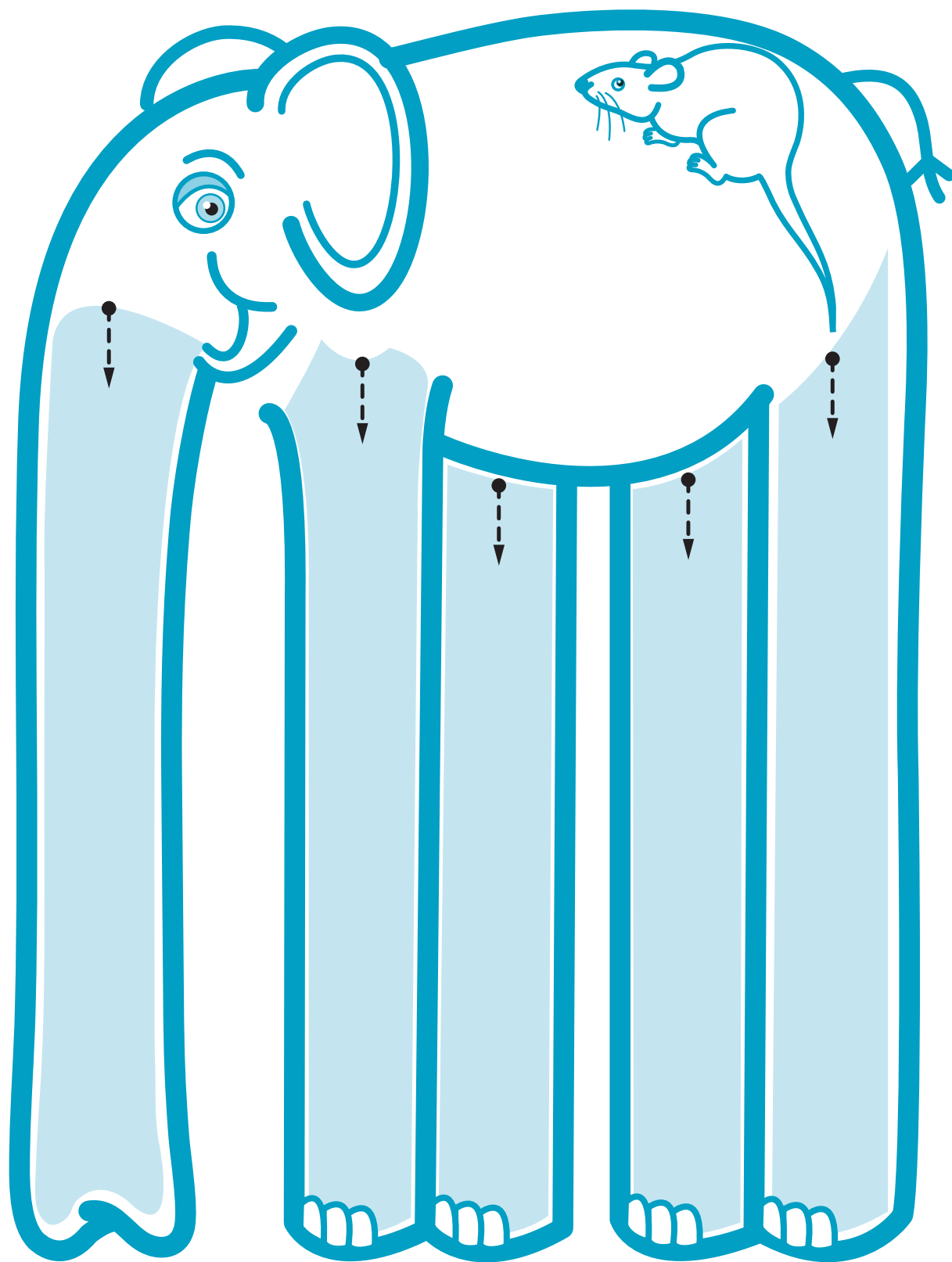
- ☐ Yes
☐ No



Correct grip

- ☐ Yes
☐ No

“Tall line going down, down, top to bottom”



Correct posture

- ☐ Yes
☐ No



Top to bottom direction

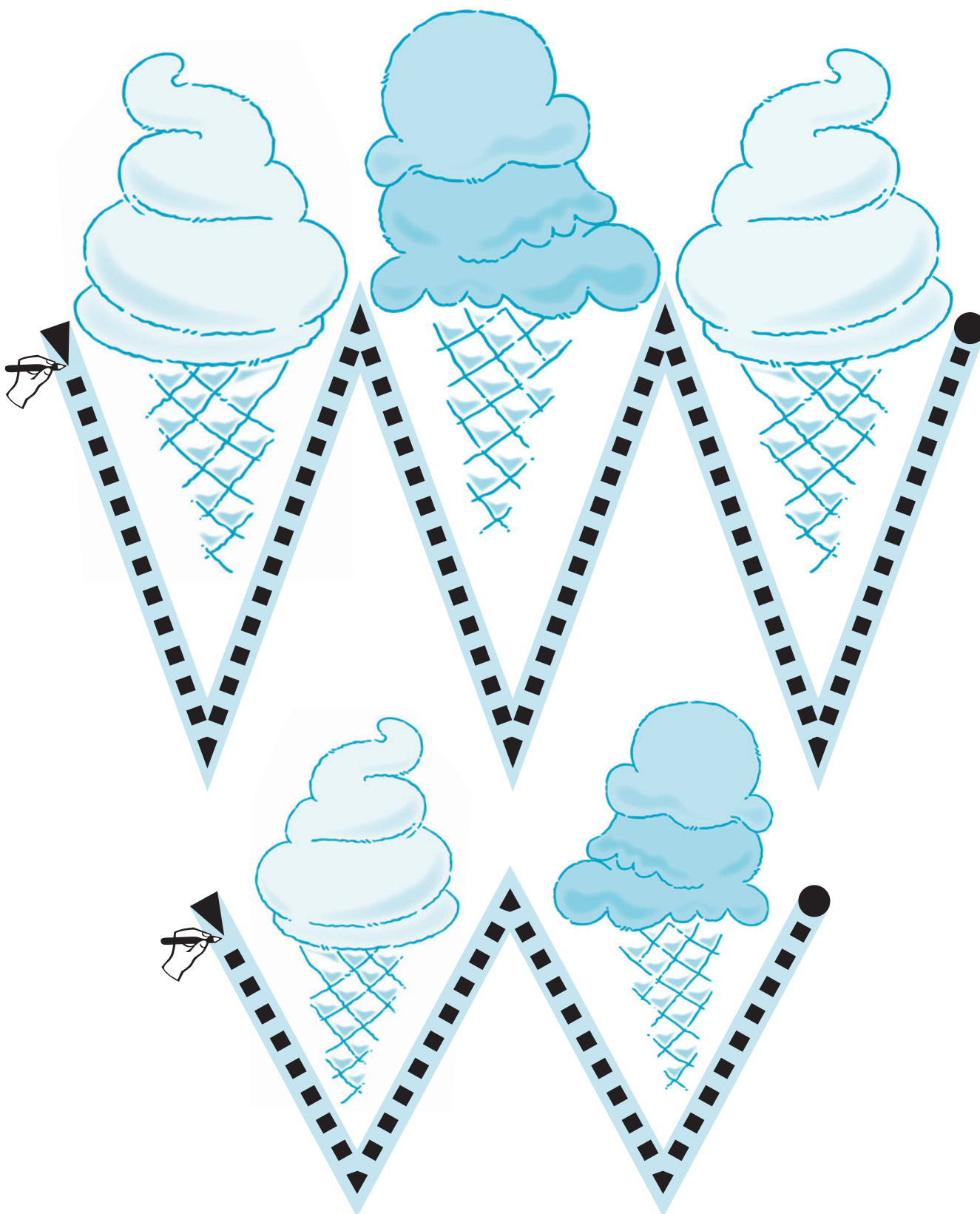
- ☐ Yes
☐ No



Correct grip

- ☐ Yes
☐ No

“Zigzag line going up and down” Start at the ► and finish at the ●.



Correct pencil grip

☐ Yes
☐ No



Up and down direction

☐ Yes
☐ No



Heel slide

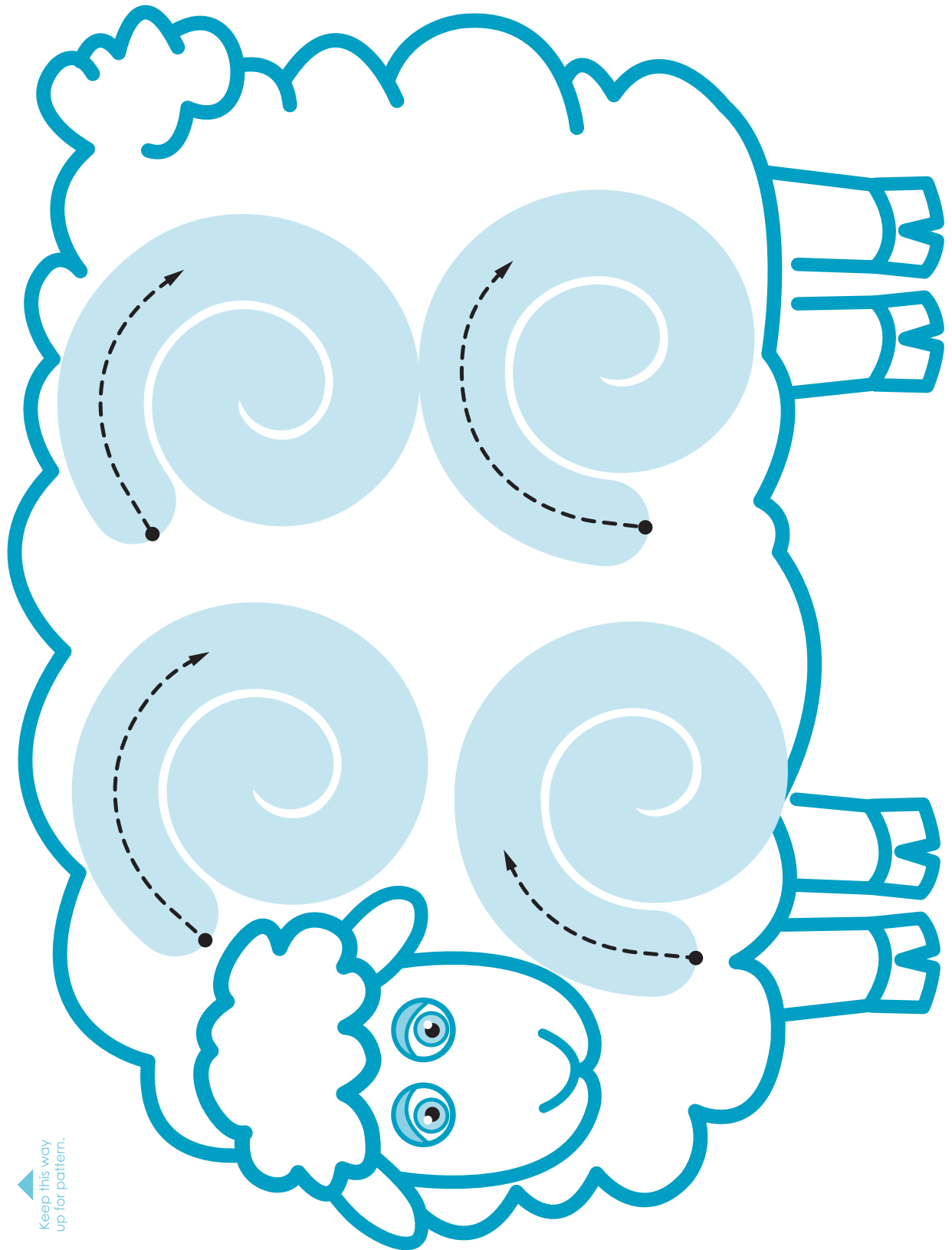
☐ Yes
☐ No



Just right pressure

☐ Yes
☐ No

"Spiral going around and forward"



Correct posture

- ☐ Yes
☐ No



Forward direction

- ☐ Yes
☐ No



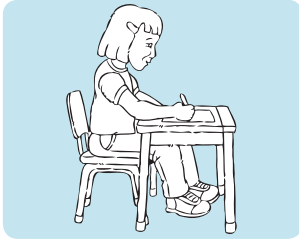
Correct grip

- ☐ Yes
☐ No

Checklist for Letter Formation Readiness

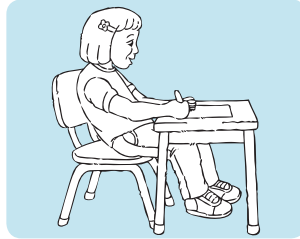
Name: _____ Age: _____ Date: _____

POSTURE WHILE WRITING/COLORING/DRAWING



Correct posture

☐ Yes ☐ No



Slumped backwards

☐ Yes ☐ No

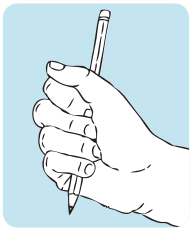


Slumped forwards

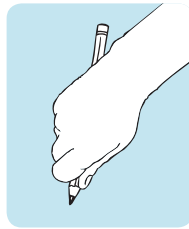
☐ Yes ☐ No

PENCIL GRIP

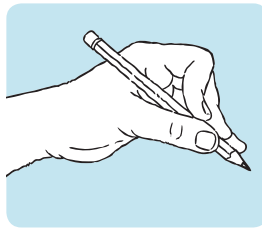
☐ Right ☐ Left ☐ Both ☐ Swapping



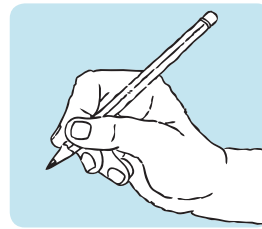
☐ Dagger



☐ Pronate



☐ Quadropod



☐ Static Tripod

Describe:

☐ Other

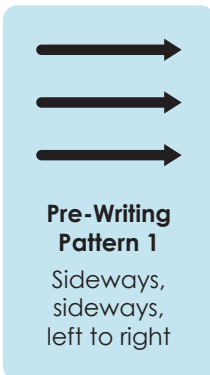
TIGHTNESS OF GRASP

☐ Loose ☐ Tight ☐ Just right

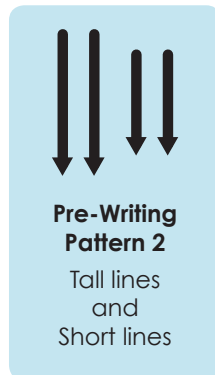
PRESSURE ON PAGE

☐ Heavy ☐ Light ☐ Just right

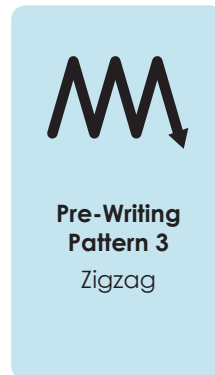
COPYING (Completes consistently in correct direction.)



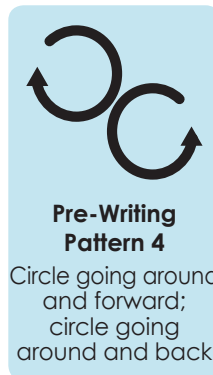
☐ Yes ☐ No



☐ Yes ☐ No



☐ Yes ☐ No



☐ Yes ☐ No



☐ Yes ☐ No



☐ Yes ☐ No